

Winash Activities – 26th November to 2nd December 2018

	Morning	Afternoon	Evening
Monday 26th November	<u>10.30am – Gentle Exercises with Alison in Lounge</u>	<u>2.00pm – Bottling Up Gins in Dining Room</u> <u>3.15pm – Christmas Carol Rehearsal in Day Room</u>	
Tuesday 27th November	<u>10.00am – Church Coffee Morning</u> <u>10.00am-1.00pm – Charity Shop for JE/BB/MM</u>	<u>2.00pm – Arts & Crafts in Dining Room</u>	<u>Sloe Gin Tasting in Lounge</u> <u>7.00pm – Barbering for Gents in Middle Lounge</u>
Weds 28th November	<u>9.00am – Hairdresser In</u> <u>10.45am – Christmas Sale Preparation in Dining Room</u>	<u>1.15pm – Hairdresser In</u> <u>2.00pm – Mental Wellbeing Talk</u>	
Thursday 29th November	<u>Anne Not In</u> <u>10.45am – Singalong CD in Lounge</u>	<u>2.00pm – Pamper Session in Middle Lounge</u> <u>3.00 – 6.00pm – Communi- Tree Party for HP/MM/EV/KM/JE/BT & JB</u>	
Friday 30th November	<u>10.30am – Gentle Exercises with Alison in Lounge</u> <u>11.30am – Pub Lunch for DA/HP/KSh/DH</u>	<u>2.00pm – Quiz & Word Wheel in Lounge (TBC)</u>	
Saturday 1st December		<u>Games & Craft available in Dining Room</u>	
Sunday 2nd December	<u>10.30am Hymn CD playing in the Day room</u>	<u>Games & Crafts available in Dining Room</u>	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.