



# WINASH DECEMBER 2018 NEWS



## Christmas is Coming!!

Plans are afoot for our annual Christmas party which is taking place on Wednesday 5<sup>th</sup> December. This year our theme is Musicals, however, it would not be Christmas without our Winash Christmas Carols. We had our first rehearsal today, which went well. We never really forget the Carols which have figured in our lives through the years.

## Communi-Tree Arts Project Has Finished (but has it?)

9 months later, 5 trees made and lots of young people involved with us here at Winash having fun, being crafty and making friendships across the generations. Not only do we have our own willow tree as a lasting memory of our time spent together, but also friendships. Harry has a young friend called Henry, who has been visiting with his dad. Jane will be having visits from Peter, and his mum. Kerr will be having letters from a young Beaver. Pen pals have been started between ladies and gents, with individual pupils from St Nicholas Chantry School. So, thank you to everyone who played a part in the success of the project.

## 'Reverse' Advent Calendar

Following a chat with our residents, we are doing a 'Reverse' Advent Calendar. This involves putting things into a box (rather than taking them out!) which will be donated to Clevedon Food Bank. If you would like to donate, please place non-perishable food items into the box, in Reception, by 10<sup>th</sup> December 2018. Anne will then take the box to the Food Bank ready for Christmas.

## Birthday greetings in December

We wish Eileen every happiness for her 99<sup>th</sup> Birthday on 8<sup>th</sup> December.

## Gentle Reminder

Please be aware that if you are unwell with sickness or loose bowels, you will need to stay in your room for 48 hours (2 days) after the last incident. This is to, hopefully, prevent the virus from spreading to other residents. This also applies to Visitors - please do not visit for 48 hours after your last episode, if you have had any episodes of sickness and / or loose bowels.

## Christmas Sale for Trishaw Project

We have been busy making, baking, chatting and preparing items ready to sell, fundraising for the Winash Trishaw. Please have a look when you come into

Winash at our 'pop up shop', all proceeds will go into the Trishaw fund. We have received a £3000 Business Travel grant, we must now match fund the rest of the monies to see our dream be realised.

So, please support us in any way you can.

Winash will also have a stall at 1<sup>st</sup> Clevedon Scout Troop Christmas Sale on Saturday, 15<sup>th</sup> December from 3.00-6.00pm at the Scout Hut on Great Western Road. Please come along and support us, if you would like to volunteer your time helping on the stall or helping to set up, Anne or Tash would be happy to hear from you.

### Christmas Jokes - 24<sup>th</sup> December 2018

On Christmas Eve, join Anne for an afternoon of laughs and groans, when we say out loud our best remembered (and worst!) Christmas cracker jokes.

### January & Rydal Nursery

During the week commencing 7<sup>th</sup> January 2019, we will be spending each afternoon working alongside pre-school children from Rydal. The theme for the week is animals, we will be baking dog treats, bagging them up, and will enjoy a visit from Bonnie (a Labrador) and hearing how she helps pupils from Clevedon School. We will be limiting participant numbers to 5 each day, so that you get the most out of working 1:1 with a child.

### Silent Disco

Ever heard of a 'silent disco'? No, well read on! A silent disco is when you have head phones on, and you will hear music, pop, rock, swing. Music that you remember from your teenage years and upwards. You can sing along, dance, wherever the music takes you. We will be hosting our own silent disco, here at Winash on 15<sup>th</sup> January 2019.

### January Events

- 3<sup>rd</sup> January - 3.00pm - Clevedon Baptist Church (TBC)
- 7<sup>th</sup> -11<sup>th</sup> January 2.00-3.00pm Rydal Nursery pre-school children
- 8<sup>th</sup> January - 10-11.30am - Creative Minds - Therapeutic Arts Session
- 10<sup>th</sup> January -10.45am - Residents meeting
- 15<sup>th</sup> January - 2.30pm - Silent Disco
- 17<sup>th</sup> January - 10.30am - Holy Communion

*Look out for other spontaneous events taking place throughout the month*

Finally, best wishes for Christmas & the New Year