

# WINASH FEBRUARY 2019 NEWS

## Dignity in Care Action Week

1<sup>st</sup> February celebrates National Dignity in Care Day, where homes, hospitals and care homes; up and down the country; participate in activities to reflect and promote Dignity, for those who live in, work at or, visit them - therefore you and me. So, here at Winash we will be once again hosting a poetry competition, inspired by the 10 Dignity Do's. So, put your pen to paper, and get compiling. Come along and enjoy the other activities that promote dignity and respect which will follow on from 1<sup>st</sup> February for a week. Ask you friends and family to participate, the more the merrier.

## Silent Disco at Winash

In January we sang, moved and danced along to hits of the 50's, 60's, 70's and even 80's, through the power of technology and headsets. Disco ball lights provided colours which transported us back to being on the dance floor and dancing under glitter balls. We even had a VIP disco in the reception (the lounge was full up).

## Flooring in Dining Room & Day Room

Thank you to everyone for your patience whilst the flooring was laid. I am sure you will agree that the rooms look larger and much lighter. I look forward to the hot weather when we can sit with the new doors open, leading into the back garden.

As you are aware, the work on the floor coincided with a change to seating arrangements at meal times. I know that a few people questioned why it had been done. For some people a change in their mobility, or sight, meant that a lighter position, seating nearer to the lift, or to ease access into their seats would be of greater benefit. For others, it was to enable people to sit with people that they had been developing friendships with. Also, to encourage new friendships to develop with people that you may not have encountered as much. If anyone would like to move tables, or sit with a particular person, please let Heather House, Natasha Chapman or Emma Utley know and we will see what we can do.

## Phone Calls into Winash

We respectfully ask that family members avoid phoning between 5.00 and 7.30pm. This is a particularly busy time for Care Staff who are supporting

our ladies and gents, and, answering the phones takes them away from the support they are offering at that time.

Member of staff you would like to nominate for an award?

It is Award time again, Oscar's, Television Awards, and in the Care Industry you can nominate staff members who you believe excel in their position. If so, please chat to Anne who will let you know how to nominate someone, and help to put the application in.

Coming Up in February

Friday, 1<sup>st</sup> February - Dignity Action Day

Monday, 4<sup>th</sup> February - 2.00pm - 'Dignity Poetry Afternoon Tea'

Thursday, 7<sup>th</sup> February - 3.00pm Clevedon Baptist Church

Tuesday, 12<sup>th</sup> February - 10.00am Church Coffee Morning

Thursday, 14<sup>th</sup> February - Music for Health 'Valentine's Day Afternoon Tea

Tuesday, 19<sup>th</sup> February - 10.00am Church Coffee Morning

Thursday, 21<sup>st</sup> February - 10.30am Holy Communion

Tuesday, 26<sup>th</sup> February - 10.00am - Church Coffee Morning

Many happy returns are sent to Mamie for her birthday on 13<sup>th</sup> February.

Activities for 2019

We have started plans for the coming year regarding activities. If anyone, either living at Winash or visiting, have any skills, talents or entertainment that they would like to share, please email us at [info@winash.co.uk](mailto:info@winash.co.uk) or telephone 01275 873129 and speak to Anne.

Teapots

We have started serving 'High Tea' for residents' birthdays and were wondering if anyone had any china teapots that we could have, which would be suitable for residents to use (2/3 cup teapots). Please let Heather House, Natasha Chapman or Anne Ellis know if you have one that you would be willing to donate.