

**Winash Activities – 25<sup>th</sup> March to 31<sup>st</sup> March 2019**

	<b>Morning</b>	<b>Afternoon</b>	<b>Evening</b>
<b>Monday 25<sup>th</sup> March</b>	<b><u>10.30am – Gentle Exercises in Lounge</u></b>	<b><u>2.00pm – Craft Using Clay in Dining Room</u></b>	<b><u>TV in Lounge</u></b>
<b>Tuesday 26<sup>th</sup> March</b>	<b><u>10.00am – Church Coffee Morning</u></b>	<b><u>2.00pm – Activity will be Displayed on Board</u></b>	<b><u>TV in Lounge</u></b>
<b>Weds 27<sup>th</sup> March</b>	<b><u>9.00am – Hairdresser In</u> <u>10.45am – What Would You Wish For? In Lounge</u></b>	<b><u>1.30pm – Hairdresser In</u> <u>2.00pm Quiz &amp; Word Wheel in Lounge</u></b>	<b><u>TV in Lounge</u></b>
<b>Thursday 28<sup>th</sup> March</b>	<b><u>Work sheets available</u></b>	<b><u>2.00pm – Music for Health (Louise &amp; Tony)</u></b>	<b><u>TV in Lounge</u></b>
<b>Friday 29<sup>th</sup> March</b>	<b><u>10.30am – Gentle Exercises in Lounge</u></b>	<b><u>2.00pm – Birthday Afternoon Tea for MG, JS &amp; EP in Dining Area</u></b>	<b><u>TV in Lounge</u></b>
<b>Saturday 30<sup>th</sup> March</b>	<b><u>Free Time</u></b>	<b><u>Activity Displayed in Dining Room</u></b>	<b><u>TV in Lounge</u></b>
<b>Sunday 31<sup>st</sup> March</b>	<b><u>10.30am – Songs of Praise Hymn CD playing in the Day room</u></b>	<b><u>Activity Displayed in Dining Room</u></b>	<b><u>TV in Lounge</u></b>

**This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.**