

Winash Activities – 4th March to 10th March 2019

	Morning	Afternoon	Evening
Monday 4th March	<u>10.30am – Gentle Exercises in Lounge</u>	<u>1.30pm – Chiropodist in Lounge</u> <u>2.00pm – Reading at Rydal for KM & JB</u> <u>3.00pm – Singalong in Day Room</u>	
Tuesday 5th March	<u>10.00am – Church Coffee Morning</u> <u>10.15am – JE & CS to Garden Centre</u>	<u>2.00pm – Afternoon Fair Trade Tea & Pancakes in Dining Room</u>	
Weds 6th March	<u>11.00am – Talk About Fair Trade in Lounge</u>	<u>1.30pm – Chiropodist in Lounge</u> (Anne Not In)	
Thursday 7th March	<u>9.00am – Hairdresser In</u> <u>11.00am – Making Trophies for Winash Crufts in Dining Room</u>	<u>1.30pm – Hairdresser In</u> <u>1.45pm – Trip to Clevedon School (Names TBC)</u> <u>3.00pm – Baptist Church in Day Room</u>	
Friday 8th March	<u>10.30am – Gentle Exercises in Lounge</u>	<u>2.00pm – Word Wheel & Quiz in Lounge</u>	
Saturday 9th March	<u>Free Time</u>	<u>Activity Displayed in Dining Room</u>	
Sunday 10th March	<u>10.30am – Songs of Praise Hymn CD playing in the Day room</u>	<u>Activity Displayed in Dining Room</u>	

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.