

Winash Activities – 1st April to 7th April 2019

	Morning	Afternoon	Evening
Monday 1st April	<u>10.30am – Gentle Exercises in Lounge</u>	<u>2.00pm – Story Time with Rydal Nursery in Lounge</u>	<u>TV in Lounge</u>
Tuesday 2nd April	<u>10.00am – Church Coffee Morning</u>	<u>2.00pm – Activity will be Displayed on Board</u>	<u>7.00pm – Barber & Men’s Social In Middle Lounge</u>
Weds 3rd April	<u>9.00am – Hairdresser In</u>	<u>1.30pm – Hairdresser In</u> <u>2.00pm – Painting Activity in Dining Room</u>	<u>TV in Lounge</u>
Thursday 4th April	<u>10.30am – Residents’ Meeting in Lounge</u>	<u>2.00pm – Boccia in Day Room</u> <u>3.00pm – Baptist Church in Day/Dining Room</u>	<u>TV in Lounge</u>
Friday 5th April	<u>10.30am – Gentle Exercises in Lounge</u>	<u>2.00pm – Word Wheel & Quiz in Lounge</u>	<u>TV in Lounge</u>
Saturday 6th April	<u>Free Time</u>	<u>Activity Displayed in Dining Room</u>	<u>TV in Lounge</u>
Sunday 7th April	<u>10.30am – Songs of Praise Hymn CD playing in the Day room</u>	<u>Activity Displayed in Dining Room</u>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.