

WINASH MARCH 2019 NEWS

Dignity in Care Week

Thank you to all who got involved with our Dignity in Care week, whether it was to spend time with the barber, write a poem, come along to the collaborative poetry sessions, join in with the discussion group, provide positive statements or to make the cards. Your involvement was appreciated. Anne is busy typing up the poems that were written. These will be made into a booklet which will be sold to raise money towards the trishaw fund.

Popping Up at Winash

On Monday 18th March, Winash will be having a visit from a 'pop up shoe and slipper shop'. The brands that will be available to try on, and purchase, are Padders and Hotter - both good quality brands which are sympathetic to foot health for older people. The prices reflect that they are such good quality. Feel free to come along and try them on before committing yourself to making a purchase.

Birthdays at Winash

New Year heralded a new beginning here at Winash, where we have decided to embrace birthdays with afternoon tea & bone china, music, friendship, party games and laughter. Birthdays provide us with an opportunity to celebrate the individual and help them to feel special and appreciated on the day. The last one we held was for a very special 99 year old! If you don't wish to celebrate, let Anne know

14th March - Winash Crufts Event - 2.00 - 3.30pm

Put the date in your diary. Family & friends of Winash, and their dogs, are invited along to our own Winash Crufts Event. Yes, there will be classes & prizes. So, bring your dog and join us for a thrilling afternoon.

St David's Day - 1st March

We shall be celebrating all things Welsh on the afternoon of 1st March, from eating culinary delights, to singing along to Tom Jones & Shirley Bassey. Come down in the afternoon, perhaps wear a leek, a daffodil or even a dragon!

Discussion Groups becoming a Feature

It was suggested by several residents, how nice it would be for you all to come together to chat, discuss, reminisce and find out more about each

other. What a wonderful idea. The first group discussion was a lively one where, prompted by Margaret knitting, we spent the next 40 minutes chatting about having knitted, crocheted or both in the past. Helen said it would be nice to try and relearn how to crochet so, watch this space. Margaret has said she will gladly show us. In the meantime, Anne will try to source some suitable crochet hooks to aid us.

Trishaw to Arrive in May

The trishaw has been ordered, and should be delivered in May, ready for a summer of riding our bicycle in the glorious Clevedon countryside. It is not too late to donate to the fund, all monies will be gratefully received.

Information Technology and Keeping Us Connected

Family & friends living further afield, or abroad? We have a way of letting you make phone calls where you see their faces at the same time, using the power of technology. With our iPad, we can facetime all over the world, and it doesn't cost us to do it. So, family members and friends if you would like to be connected to your loved ones using Facetime, send me an email with your details, so we can arrange this, my email address is winashactivities@yahoo.co.uk.

Birthdays in March

Birthday wishes are sent to Dorothy - 21st, Margaret G & Jean - 28th and Eric - 29th.

Coming Up in March

- 4th March - 1.30pm Chiropodist
- 5th March - 2.00pm Shrove Tuesday 'Pancakes & Fairtrade Afternoon'
- 6th March - 1.30pm Chiropodist
- 7th March - 3.00pm Baptist Church
- 14th March - 2.00pm Winash Crufts Event
- 18th March - 2.00pm Pop Up Shoe Shop
- 21st March - 10.30am Holy Communion
- 21st March - World Poetry Day & Dorothy Birthday Afternoon Tea
- 28th March - 2.00pm Music for Health
- 28th March - Improving Lives for People in Care Homes Conference (A lot of Winash staff will be attending this)
- 29th March - Birthday afternoon for Jean, Margaret & Eric