

**Winash Activities – 8<sup>th</sup> April to 14<sup>th</sup> April 2019**

	<b>Morning</b>	<b>Afternoon</b>	<b>Evening</b>
<b>Monday 8<sup>th</sup> April</b>	<b><u>10.30am – Gentle Exercises in Lounge</u></b>	<b><u>2.00pm – Easter Craft Session in Dining Room</u></b>	<b><u>TV in Lounge</u></b>
<b>Tuesday 9<sup>th</sup> April</b>	<b><u>10.00am – Church Coffee Morning</u></b>	<b><u>2.00pm – Activity will be Displayed on Board</u></b>	<b><u>TV in Lounge</u></b>
<b>Weds 10<sup>th</sup> April</b>	<b><u>9.00am – Hairdresser In</u>  <b><u>10.30am – Discussion about Flower Show in Lounge</u></b></b>	<b><u>1.30pm – Hairdresser In</u>  <b><u>2.00pm – Singalong in Lounge</u></b></b>	<b><u>TV in Lounge</u></b>
<b>Thursday 11<sup>th</sup> April</b>	<b><u>10.30am – Holy Communion in Lounge</u></b>	<b><u>2.00pm – Ladies’ Pamper Session in Middle Lounge with Anne &amp; Karen</u></b>	<b><u>TV in Lounge</u></b>
<b>Friday 12<sup>th</sup> April</b>	<b><u>10.30am – Gentle Exercises in Lounge</u></b>	<b><u>2.00pm – Word Wheel &amp; Quiz in Lounge</u></b>	<b><u>TV in Lounge</u></b>
<b>Saturday 13<sup>th</sup> April</b>	<b><u>Free Time</u></b>	<b><u>Activity Displayed in Dining Room</u></b>	<b><u>TV in Lounge</u></b>
<b>Sunday 14<sup>th</sup> April</b>	<b><u>10.30am – Songs of Praise Hymn CD playing in the Day room</u></b>	<b><u>Activity Displayed in Dining Room</u></b>	<b><u>TV in Lounge</u></b>

**This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.**