

Winash Activities – 23rd March to 29th March 2020

	Morning	Afternoon	Evening
Monday 23rd March	<u>10.30am</u> – Gentle Exercises with Alison in Lounge	<u>2.15 – 2.45pm</u> – Group Discussion with Anne via FaceTime in Day Room	<u>TV in Lounge</u>
Tuesday 24th March	Hairdresser <u>11.00am</u> – Poetry Morning / Singing / Reading with Anne via FaceTime in Day Room	Hairdresser <u>TBC</u>	<u>TV in Lounge</u>
Weds 25th March	<u>TBC</u>	<u>2.00pm</u> – Pack to work on from Anne. <u>3.00pm</u> – Group Discussion about Project with Anne via Facetime in Day Room	<u>TV in Lounge</u>
Thursday 26th March	<u>11.00am</u> – World Wheel in Day Room 1:1 FaceTime with Anne	<u>2.00pm</u> – Quiz in Day Room <u>3.10pm</u> – Quiz Discussion Group with Anne via FaceTime in Day Room	<u>TV in Lounge</u>
Friday 27th March	<u>10.30am</u> – Gentle Exercises with Alison in Lounge	<u>TBC</u>	<u>TV in Lounge</u>
Saturday 28th March	Free Time	<u>TBC</u>	<u>TV in Lounge</u>
Sunday 29th March	<u>11.00am</u> – Songs of Praise Hymn CD playing in Day Room	<u>TBC</u>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.