


Winash Activities – 3rd January to 9th January 2022

| | Morning | Afternoon | Evening |
|---|---|---|---|
| Mon 3rd Jan | <p><u>Hairdresser In 9.30am</u></p> <p><u>10.30am – 1:1's</u></p>  |  <p>2.00pm – New Year Traditions from Around the World in Day Room</p> | <p><u>TV in Lounge</u></p> |
| Tues 4th Jan |  <p align="center">ITALIAN DAY</p> <p align="center">Spaghetti Bolognese - Lunch</p> <p><u>10.00am – Pop Up Coffee Shop with Biscotti in Day Room</u></p>  |  <p><u>1.30pm – Armchair Travel – Italy in Day Room</u></p> |  <p><u>TV in Lounge</u></p> |
| Weds 5th Jan | <p><u>10.45am</u> – Gentle Exercise & Stretching in Day Room</p>  | <p><u>2.00pm – Bird Day – Winter Wildlife in Day Room</u></p>  | <p><u>TV in Lounge</u></p> |
| Thurs 6th Jan | <p><u>10.00am – History of Shortbread & Taster in Day Room</u></p>  | <p><u>2.00pm – Bean Day – Make your own Baked Bean Supper & Kitchen Tour in Day Room</u></p>  | <p><u>TV in Lounge</u></p> |
| Fri 7th Jan | <p><u>FREE TIME</u></p> |  <p><u>2.00pm – Quiz in Day Room</u></p> | <p><u>TV in Lounge</u></p> |
| Sat 8th Jan | <p><u>FREE TIME</u></p> |  <p>Elvis Presley Birthday – Music in Day Room</p> | <p><u>TV in Lounge</u></p> |
| Sun 9th Jan | <p><u>10.00am – Hymns with Alexa in Day Room</u></p> | <p>Apricot Day – Afternoon Nibbles</p>  | <p><u>TV in Lounge</u></p> |

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.