

Winash Activities – 30th May to 5th June 2022

	Morning	Afternoon	Evening
Mon 30 th May	<p>9:30am – Hairdresser In</p>  <p>10.30am – Walks Outside / 1:1;s</p>	<p>1.45pm – Gardening & 30 Days Wild</p>  	<u>TV in Lounge</u>
Tues 31 st May	 <p>10.45am – Gentle Exercise to Classical Music in Day Room</p>	 <p>2.00pm – Jubilee Preparation in Day Room</p>	<u>TV in Lounge</u>
Weds 1 st June B/H	<p>10.45am – Chair Yoga in Day Room</p> 	 <p>2.00pm – Introduction to 30 Day Wild in Day Room</p>	<u>TV in Lounge</u>
Thurs 2 nd June B/H	 <p>10.30am – Cake Making in Day Room</p>	<p>2.00pm – Pier Exhibition</p> 	<u>TV in Lounge</u>
Fri 3 rd June	<p>JUBILEE STREET PARTY 12 – 2.30PM</p>  		<u>TV in Lounge</u>
Sat 4 th June	<u>FREE TIME</u>	 <p>2.00pm – Nails & Word Wheel in Day Room</p> 	<u>TV in Lounge</u>
Sun 5 th June	<p>10.00am – Hymns with Alexa in Day Room</p> 	<p>3.15Pm – Busker – Dave Harris in Day Room</p> 	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.