

## Winash Activities – 9<sup>th</sup> May to 15<sup>th</sup> May 2022

	Morning	Afternoon	Evening
Mon 9 <sup>th</sup> May	<p><b>9:30am – Hairdresser In</b></p>  <p style="text-align: right;"><b>10.30am Walks</b></p>	<p style="text-align: center;"><b>2.00pm – Pattern Art in Day Room</b></p> 	<u>TV in Lounge</u>
Tues 10 <sup>th</sup> May	 <p style="text-align: right;"><b>10.45am – Gentle Exercise to Classical Music in Day Room</b></p>	<p style="text-align: center;"><b>2.00pm – Bingo in Day Room</b></p> 	<u>TV in Lounge</u>
Weds 11 <sup>th</sup> May	<p><b>10.45am – Gardening Morning Outside</b></p> 	<p style="text-align: center;"><b>2.00pm – Spelling Bee In Day Room</b></p> 	<u>TV in Lounge</u>
Thurs 12 <sup>th</sup> May	 <p style="text-align: right;"><b>10.45am – Dancercise in Day Room</b></p>	<p style="text-align: center;"><b>2.00pm – Celebrate Florence Nightingale’s Birthday in Day Room</b></p> 	<u>TV in Lounge</u>
Fri 13 <sup>th</sup> May	<p><b>10.00am – Pop Up Coffee Shop in Day Room</b></p> 	 <p style="text-align: center;"><b>2.00pm – Quiz in Day Room</b></p>	<u>TV in Lounge</u>
Sat 14 <sup>th</sup> May	<b><u>FREE TIME</u></b>	 <p style="text-align: center;"><b>Marjorie’s Birthday Tea</b></p>	<u>TV in Lounge</u>
Sun 15 <sup>th</sup> May	<p><b>10.00am – Hymns with Alexa in Day Room</b></p> 	 <p style="text-align: center;"><b>2.00pm – Nails &amp; Word Wheel in Day Room</b></p> 	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.