

Winash Activities – 13th June to 19th June 2022

	Morning	Afternoon	Evening
Mon 13 th June	<p>9:30am – Hairdresser In</p>  <p>10.00am – Walks with Camera</p>	<p>2.30pm – Church Service – Rev. Suzi – Christchurch in Day Room</p> 	<u>TV in Lounge</u>
Tues 14 th June	 <p>10.45am – Gentle Exercise to Classical Music in Day Room</p>	<p>2.00pm – Bingo (with prizes!) in Day Room</p> 	<u>TV in Lounge</u>
Weds 15 th June	 <p>10.45am – Planting Seeds in Day Room / Garden</p>	<p>2.00pm – All About Butterflies in Day Room</p> 	<u>TV in Lounge</u>
Thurs 16 th June	 <p>10.30am – Armchair Yoga in Day Room / Garden</p>	 <p>2.30pm – Maureen E Birthday Afternoon Tea in Day Room</p>	<u>TV in Lounge</u>
Fri 17 th June	<u>FREE TIME</u>	<p>2.00pm – All About Beer – Tasting & Quiz in Day Room</p> 	<u>TV in Lounge</u>
Sat 18 th June	<u>FREE TIME</u>	<p>2.00pm – Word Wheel in Day Room</p> 	<u>TV in Lounge</u>
Sun 19 th June	<p>10.00am – Hymns with Alexa in Day Room</p> 	<p>HAPPY Father's DAY</p> <p>2.00pm – Share Photos of Dads in Day Room</p>	<u>TV in Lounge</u>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.