

Winash Activities – 6th June to 12th June 2022

	Morning	Afternoon	Evening
Mon 6 th June	<p>9:30am – Hairdresser In</p>  <p>10.00am – Sensory Walks / 1:1;s</p>	<p>2.00pm – Audrey C Birthday Tea in Day Room</p> 	<p><u>TV in Lounge</u></p>
Tues 7 th June	 <p>10.45am – Gentle Exercise to Classical Music in Day Room</p>	 <p>2.00pm – Nature Quiz in Day Room</p>	<p><u>TV in Lounge</u></p>
Weds 8 th June	<p>10.30am – Boccia in Day Room</p> 	 <p>1.45pm – Arts & Crafts with Nature in Day Room</p>	<p><u>TV in Lounge</u></p>
Thurs 9 th June	 <p>10.30am – Outdoor Yoga & Stretch in Garden</p>	<p>2.00pm – Wild Webcam Watch in New Lounge</p>  <p>3.00pm – Baptist Church in Day Room</p>	<p><u>TV in Lounge</u></p>
Fri 10 th June	 <p>10.00am – Herbal Tea Tasting in Day Room</p>	<p>2.00pm – Quiz in Day Room</p> 	<p><u>TV in Lounge</u></p>
Sat 11 th June	<p><u>FREE TIME</u></p>	 <p>2.00pm – Nails in Day Room</p>	<p><u>TV in Lounge</u></p>
Sun 12 th June	<p>10.00am – Hymns with Alexa in Day Room</p> 	<p>2.00pm – Word Wheel in Day Room</p> 	<p><u>TV in Lounge</u></p>

This timetable is a guide that we will do our best to keep to, however activities may change at short notice. Please check the activity whiteboard in the dining room for daily updates.

